INTRODUCTION: UNLEASH THE POWER OF YOUR INTUITION

Tejpal: Welcome. This is Tejpal. I'm so thrilled that you have chosen to Unleash the Power of Your Soul. In this program, you will discover eight principles that will enhance the quality of your life, and you will experience 26 practices to develop your intuition.

Your intuition is your biggest asset on Earth. It helps you connect to your soul and to the spiritual world. Your soul is your blueprint, your true identity, your true core, and the depth of who you truly are. The spiritual world is pretty much the world we are living in.

Many teachers have said you are a spiritual being having a physical experience. The yogis have said that 90% of who you are is spiritual and 10% is physical. I'd love to go a step further and say that 99% of who you are is spiritual and 1% is physical. I love the physical reality. We need to really thrive in the physical reality, but we can't deny the spiritual dimension.

Let me start and tell you my story. Then I will explore a few thoughts so that we can set the tone and the foundation for this program and you can get great benefits out of this work together.

First I want to share my story about intuition. I was raised in France, and I was raised Catholic. My experience of that spiritual tradition was that God was all. God was the authority figure who knew everything and was always right.

That was a scary picture for me. We couldn't hide anything from God. My connection to the spiritual world was not friendly, welcoming, warm or fuzzy. It was scary.

However, at the age of 6 or 7 years old, I used to have conversations with the angel Gabriel, but I decided to shut it down fairly quickly because I had no idea what to do with it. I was scared to share it and to be seen as a crazy woman, so I chose to shut it down. At the same time, at night I used to open my eyes and look at orbs, energy shapes. It was the same thing. I decided to shut it down.

When I started to work in large corporations in the field of human resources, one of my first jobs was to recruit people. I used to have some fun doing it because I just needed to read their name to understand the person. I was able to match people to the best job just by reading their name.

As I developed myself in large corporations I ended up developing leadership programs, doing team building and offering executive coaching. I really used my intuition to help people. However, one of the benefits for me of opening my intuition was to understand my life purpose better.

I realized that my purpose was not to help organizations be more productive. That was good, but it was not my purpose. My purpose was to truly help individuals, men and women, in transition to redesign their life around their soul mission. How do I do that? Of course, I use my intuition. I access your soul energy and your energy field, and I'm able to do my work.

Right now, having shared my story about my relationship with intuition, I want you to pause and ask yourself this questions. What are the benefits for you to develop your intuition?

For me, there are quite a few benefits.

- 1. My intuition helped me to be clear about my purpose in life.
- 2. My intuition helped me in my work.

3. It helps me to have a bigger picture. When I experience anxiety, doubts, worries, fear or whatever I go through because I am a human being, if I remember my intuitive self, I can step back and see the bigger picture. Then I don't have to be reactive.

4. Because of my intuition, I really understand what that is to be an energy being and to know that we are all connected. There is no such thing as isolation. I know that in some way I am supported. That helps me go through life with much more trust.

5. I can make decisions much quicker because of my intuition.

6. I see things very simply most of the time because of my intuition.

7. I think I have access to more wisdom.

8. My creativity is wider and richer.

I do have a lot of benefits to use my intuition. Take the time now and write it down. Use the handout on the web to answer the question. What are the benefits for you in developing your intuition? That will set the tone for the program.

My wish for you is that you want your intuition to serve more, either yourself or others. I am not looking to use my intuition for ego purposes. Like, I can see things that you cannot see. I'm not looking to use my intuition for black magic or some kind of manipulation. I'm just using it for service. I hope that's what you want as well.

Now I want to add some very important things about this course. This course is about personal transformation. It is not about magic or LaLa Land. It is not about being disconnected from your physical reality. It is about being more anchored in your physical reality and going deeper into

your beauty, and therefore being able to access your intuition. Your intuition is within you.

When you go through this course, you'll do two things. The quality of your life will change, and you will develop your intuition. This is a transformational course, not a magical course, although transformation is magical.

If I had a magic wand and just touched your forehead and said, "Here you are, granted with intuition," that would be a curse. Thank you, universe, that I don't have this ability. I'm not interested in having it, by the way,

You have to do your own practice and your own homework. You have to go deep to access your intuition. That's what I'm here for. That's why I'm here to help you.

I hope we're on the same page. I can't wait to share my insights with you and to support you on your path to developing your intuition.

The next segment is going to focus on the first principle: Be Clueless. I'll see you soon.