



1. BE CLUELESS

Pretend that you know...What could be the benefits for you of being clueless?

What prevents you to be clueless in your life?

- You like to be perceived as the expert
- You don't like uncertainty
- You want to prove something, impress, etc.
- You are stuck in a social identity, you should know
- ...

You know you are not clueless when:

- You are thinking about what you are going to say
- You are trying hard to understand what is going on
- You are doing most of the speaking
- You don't know what you are feeling
- You are judging, comparing, etc.
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What is the one thing you want to start or stop doing?

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